

Tantrums?

Bedtime  
Hassles?

Child  
not listening?



## EVIDENCE-BASED PARENTING GROUPS

### Available for FREE!

Join other parents with children 18 months to 4 years to:

- Help children be successful and well behaved at home
- Solve problems like meltdowns, fighting, or noncompliance
- Respond to challenging behaviors without yelling
- Feel more confident and less stressed as a parent
- Get social support from other parents
- Learn the Incredible Years<sup>®</sup> proven approach

The group will be held virtually on Thursdays from 9:30-11 am beginning 10/31.



To register, please reach out to  
Emily Spence at  
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or call/text 401-485-5200.