

INFANT SAFE SLEEP ENVIRONMENT CHECKLIST

Safe Sleep Item	DHS Regulation and/or American Academy of Pediatrics (AAP) Recommendation	YES/NO	If NO, what action will you take to address the concern?
Classroom Lighting & Noise	Is the environment well-lit and quiet? Can you view an infant's skin color and clearly view & hear their breathing?		
Crib Mattress	Is the mattress clean, free of tears, and properly fitting in the crib?		
Crib Sheet	Does the sheet fit SNUGGLY on the mattress without causing the mattress to deform? <i>(sheet should fit without any loose folds or hanging material)</i>		
Classroom Temperature	Is the infant classroom temperature between 68°- and 74°-degrees Fahrenheit?		
Crib	Is the crib free of any items aside from a tight-fitting sheet, pacifier, and sleep sack (if used)?		
Crib Placement	Is the sleep space free of any overhead items like shelves, displays, or blinds that could fall into the crib? Is the crib 2 feet or more from any other crib or cot?		
Placement of Infant	Infants are placed on their backs to sleep only and are closely supervised throughout their sleep.		