

# The Best Prevention Starts Early.

## Who Are We?

Rhode Island Regional Coalition is a cohesive group of individuals dedicated to educating and providing resources to the community about evidence-based prevention skills and the importance of healthy lifestyle choices.



## We'd like to introduce our new collaboration with The Incredible Years Program®.

We know that the best prevention starts early through strong, healthy adult-child relationships both at home and in high-quality early care and education settings. The Incredible Years® Training for teachers was designed to ensure that our most vulnerable children will thrive by promoting high-quality classroom environments with sensitive, responsive caregivers who foster their social and emotional health and wellbeing. The training equips participants with the skills and strategies to effectively manage their classroom and promote children's social, emotional, and academic competence. Teachers also learn a positive, proactive approach to addressing challenging behaviors that reduce the use of reactive strategies and feelings of stress and burnout.

### FREE Training Available

Rhode Island Regional Coalition is offering the Incredible Beginnings® training series from The Incredible Years Program® for early childcare providers and preschool teachers of children ages 1 to 5. Attendees meet to discuss and share ways to provide an environment that supports children's optimal early development and long-term social and emotional wellbeing.

### The Incredible Beginnings Program® will review teaching methods for toddlers and preschoolers that promote:

- Nurturing relationships with children and their parents
- Children's social skill development and school readiness skills
- Emotion knowledge and self-regulation
- A proactive approach to classroom behavior management that prevents behavior problems
- Positive, intentional behavior management strategies
- Teacher self-care and stress management; increased confidence and competence

*The Incredible Beginnings® training involves 12 three-hour weekly virtual meetings.*

**FREE training approved by the Center for Early Learning Professionals for up to 36 Professional Development hours.**

### Upcoming Training

**Wednesday, June 29, 2022 6-9:30PM (with a scheduled 30-minute break at 7PM)**  
*Registration required by Friday, June 24, 2022.*

***If interested, please contact Tamar Dalcé Coles at [Tcoles@risas.org](mailto:Tcoles@risas.org) or call 857-245-8105.***

