



Health and Safety for Family Child Care Providers Module 1 Checklist

Module 1: Setting Up the Inside of Your Home

While watching the module, please use this checklist as a guide to help you better understand the changes you may need to make at your home to ensure a safe and healthy environment for young children.

Please check the items below where you already meet the expectations described in the module. The items you do not check may be areas where you should make changes.

In my home...

- ☐ Paint is in good repair.
- ☐ Heating elements are properly insulated, protected, and barricaded.
- ☐ Fireplace is protected.
- ☐ All outlets are covered properly.
- ☐ All electrical cords are in good condition and fastened appropriately.
- ☐ Fire extinguisher is in the kitchen.
- ☐ Smoke detectors are on every floor, near bedrooms.
- ☐ Carbon monoxide detector is installed.
- ☐ Batteries are tested monthly for all detectors.
- ☐ Stairways are well lit and clear.
- ☐ Stairways have a gate at each entry.
- ☐ Window blind cords are secure and out of reach of children.
- ☐ All chemicals and unsafe materials are locked or out of reach of children.

After viewing the module, I would like to make the following changes to my home environment:



Health and Safety for Family Child Care Providers Module 2 Checklist

Module 2: Setting Up the Outside of Your Home

While watching the module, please use this checklist as a guide to help you better understand the changes you may need to make at your home to ensure a safe and healthy environment for young children.

Please check the items below where you already meet the expectations described in the module. The items you do not check may be areas where you should make changes.

Outside my home...

- ☐ Is in good repair and free of peeling paint.
- ☐ All rooms used by children have sufficient ventilation and lighting from the outside.
- ☐ All windows used for ventilation have screens.
- ☐ Windows above the first floor have safety guards or can be opened from the top.
- ☐ The home's outdoor play space is safe and free of hazards.
- ☐ All sandboxes are tightly covered, when not in use.
- ☐ Outdoor porches are on the first floor level and they are enclosed with a gate at the entrance.
- ☐ All plants accessible to children are safe.
- ☐ Swimming pools have a secure fence, with a locked gate.
- ☐ Children are protected from weather, using appropriate clothing and sunscreen.
- ☐ Drinking water is always available to children.
- ☐ A plan is in place for evacuating in case of an emergency, and it is practiced monthly.
- ☐ A flashlight and batteries are available.
- ☐ Everyone in a vehicle is properly restrained, at all times.

After viewing the module, I would like to make the following changes to my home environment:



Health and Safety for Family Child Care Providers

Module 3 Checklist

Module 3: Daily Routines

While watching the module, please use this checklist as a guide to help you better understand the changes you may need to make at your home to ensure a safe and healthy environment for young children.

Please check the items below where you already meet the expectations described in the module. The items you do not check may be areas where you should make changes.

My current daily routines include:

- ☐ Children are supervised at ALL times.
- ☐ The phone is in working order and available for use.
- ☐ A list of emergency numbers is posted near the phone.
- ☐ A fully stocked first aid kit is available.
- ☐ Children and adults wash their hands at the appropriate times with the appropriate procedure.
- ☐ The diapering area is away from where food is prepared or eaten.
- ☐ The bathroom is accessible to the children in my care.
- ☐ During toilet training, children are not encouraged with food as a prize.
- ☐ All pets are kept in a safe and sanitary manner.
- ☐ All firearms are stored under lock and key, in a place not accessible to children.
- ☐ All medications are stored in their original containers and out of reach of children.
- ☐ Positive, consistent methods are used to guide children's behavior.
- ☐ All materials used with the children are age-appropriate and free of hazards.

After viewing the module, I would like to make the following changes to my home environment:



Health and Safety for Family Child Care Providers Module 4 Checklist

Module 4: Health Practices

While watching the module, please use this checklist as a guide to help you better understand the changes you may need to make at your home to ensure a safe and healthy environment for young children.

Please check the items below where you already meet the expectations described in the module. The items you do not check may be areas where you should make changes.

My current health practices include:

- ☐ All children and adults are up-to-date on their immunizations.
- ☐ The home and materials are properly cleaned.
- ☐ Infants are always placed flat on their back to sleep.
- ☐ No items, including blankets, are placed in the cribs with infants.
- ☐ Any medication given to children is either prescribed by a pediatrician or given with permission from a parent/guardian.
- ☐ I am trained in first aid and CPR.

After viewing the module, I would like to make the following changes to my home environment:
