

Promoting Children's Social Emotional Development and School Readiness

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Objectives

- Describe the importance of social emotional development.
- Describe the Pyramid Model and how can it help.
- Explain how coaches can support reducing challenging behavior, improving children's social emotional skills, and engaging families.

Why is Young Children's Social Emotional Development so Important?



The Concerns

- 10%-15% of 1-and 2-year-old children experience significant social-emotional problems

(Briggs-Gowan, Carter, Skuban, & Horwitz, 2001; Roberts, Attkisson, & Rosenblatt, 1998)

- Fewer than 8% of 1-and 2- year olds with social emotional problems received any developmental or mental health services

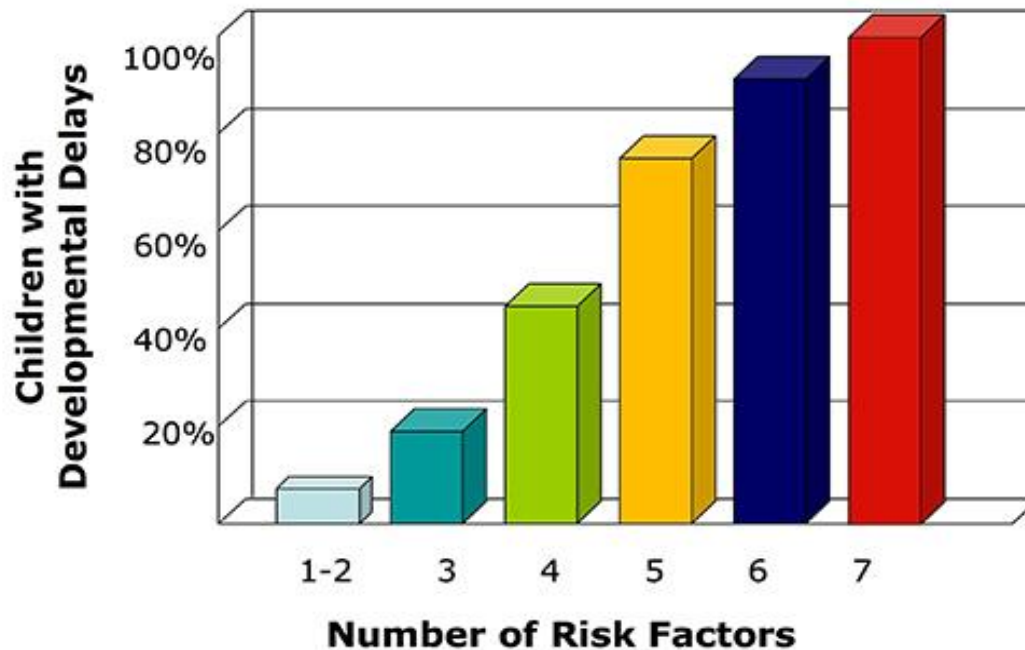
(Horwitz, Fary, Briggs-Gowan, & Carter, 2003).

- 10-15% of all typically developing preschool children have chronic mild-moderate levels of behavior problems

(Campbell, 1995)

The Concerns

Significant Adversity Impairs Development in the First Three Years



<https://developingchild.harvard.edu/resources/inbrief-the-impact-of-early-adversity-on-childrens-development/>

The Concerns

- 250 Preschoolers Are Suspended or Expelled Every Day
- Preschoolers were being expelled at rates more than three times higher than school-aged children.
- Black children are 2.2 times more likely to be suspended or expelled than other children.

(Center for American Progress)

The Concerns

- 1 out of 7 U.S. children aged 2 to 8 years had a diagnosed mental or behavioral, or developmental disorder (2011-2012 National Survey of Children's Health)
- Increasing rates of anxiety and depression in teens – Major depression has jumped 37% in the last decade for teens (CDC)



Why Are More American Teenagers Than Ever Suffering From Severe Anxiety?

Parents, therapists and schools are struggling to figure out whether helping anxious teenagers means protecting them or pushing them to face their fears.

By **BENOIT DENIZET-LEWIS**

OCT. 11, 2017

New York Times Magazine

The Concerns

- 2017 Teenage suicide rates are the highest since it has been tracked by CDC

Why Social Emotional Development?

“The foundations of social competence that are developed in the first five years are linked to emotional well-being and affect a child’s later ability to functionally adapt in school and to form successful relationships throughout life.”

National Scientific Council on the
Developing Child

Early Childhood Mental Health is Synonymous with Social Emotional Development

Emotional well-being and social competence ...are the bricks and mortar that comprise the foundation of human development.

National Scientific Council on the Developing Child, 2007

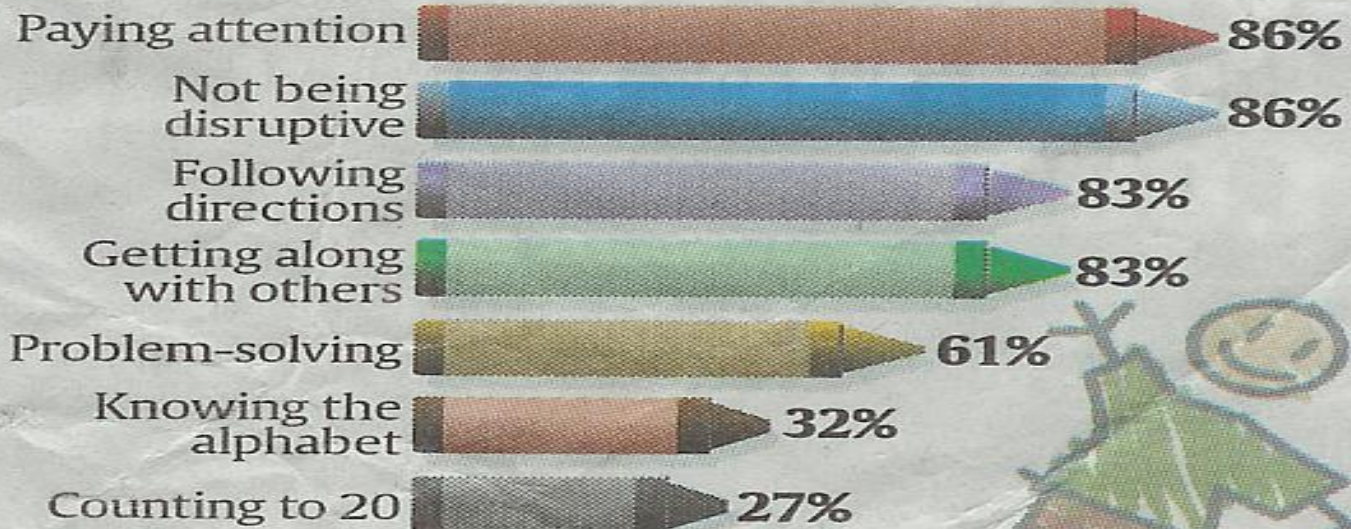


Social Emotional Development and School Readiness

USA TODAY Snapshots

Early on, social skills trump smarts

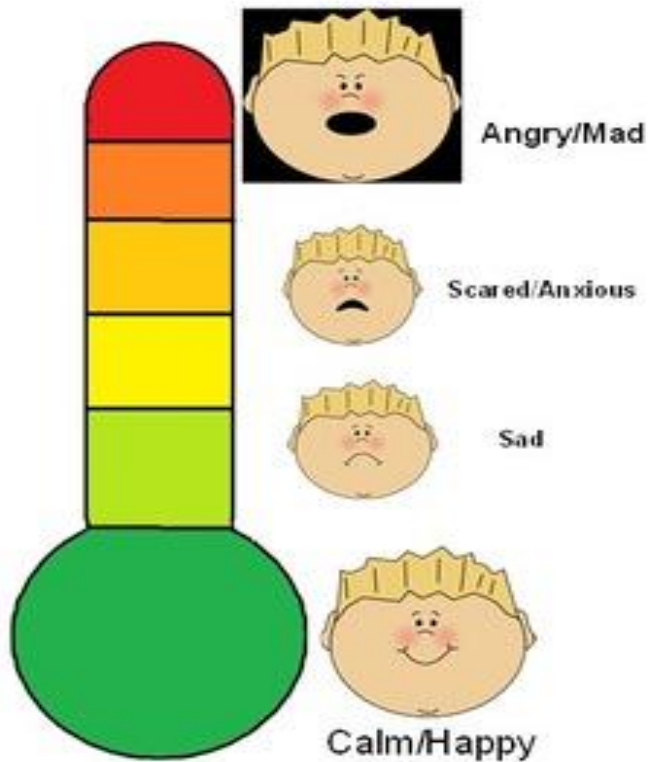
Percentage of 800 kindergarten teachers surveyed who say these skills are essential or very important:



Source: Mason-Dixon Polling for Fight Crime: Invest in Kids

By Julia Neyman and Alejandro Gonzalez, USA TODAY

Why is Social and Emotional Development so Important for School Readiness?



- Regulating one's emotions and behaviors

Definition of Social Emotional Development

Developing capacity:

- to form close and secure adult and peer relationships
- to experience, regulate, and express emotions in socially
- explore the environment and learn
- all in the context of family, community, and culture.

Adapted from ZERO TO THREE, 2001

What Does it Look Like?



What does Social Emotional Development Look like?



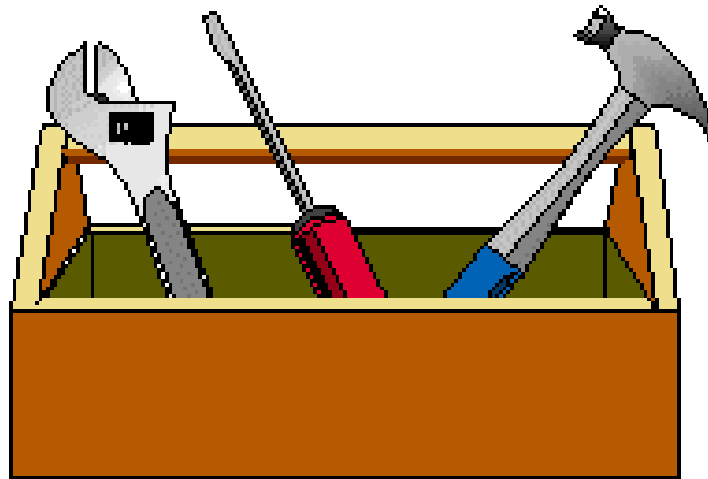
How do we Support Young Children's Social Emotional Development?



What does Promoting Social Emotional Development Look like?



No matter what our training or professional discipline, our toolbox never feels full enough!



**Are you familiar you with the
Pyramid Model?**

Terminology

CSEFEL/TACSEI =

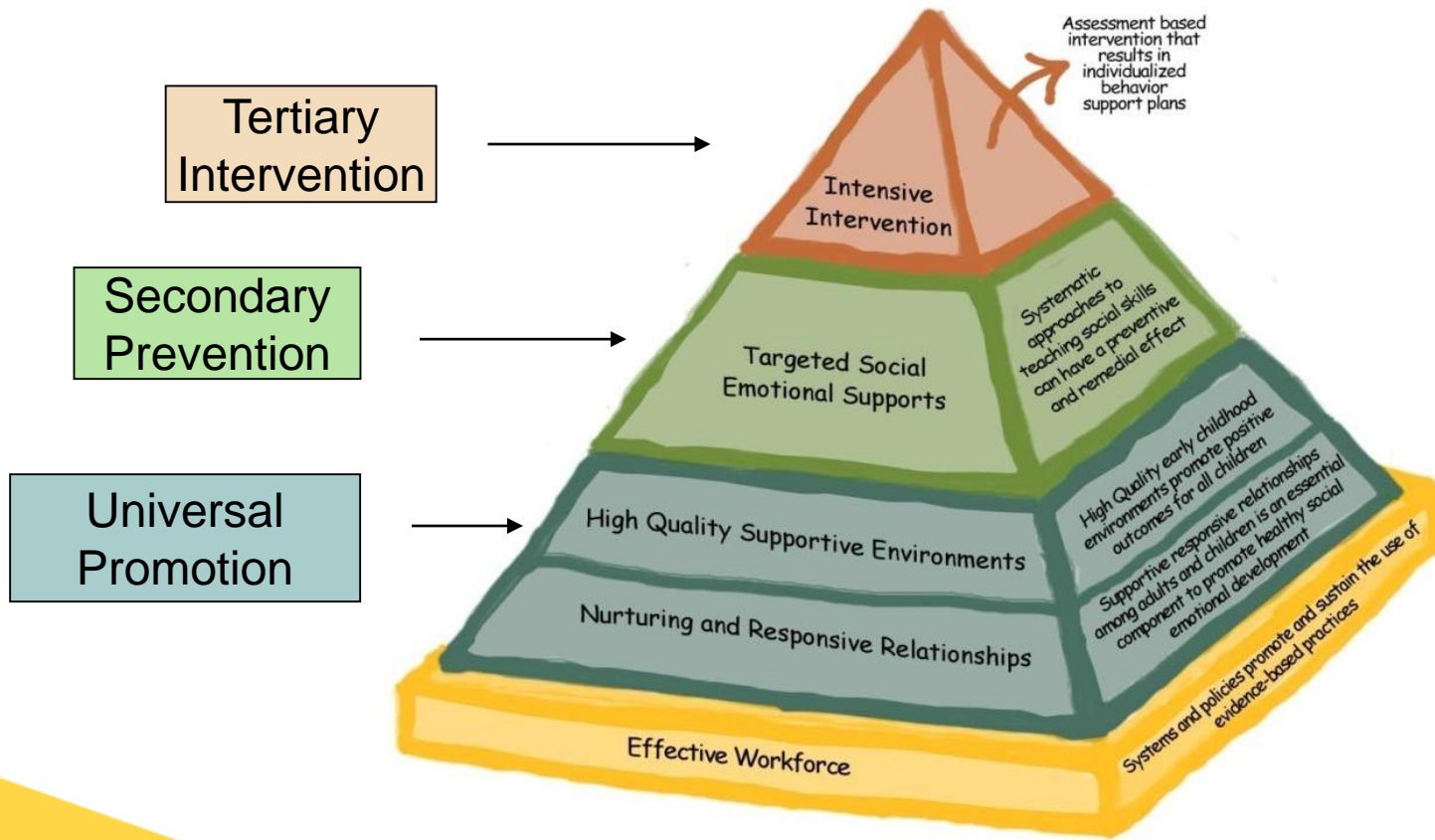
Pyramid Model =

EC-PBIS =

EC-PBS =

What Words Come to Mind When you Think of Pyramid Model?

The Pyramid Model: Promoting Social and Emotional Competence and Addressing Challenging Behavior



Why Coaching?

- What makes you achieve your personal best?

Why Coaching?

- Professional athletes, singers,... why not us?
- Professional development has limited impact on changing our practice
- Help you achieve your personal best
- Another set of eyes
- Having someone on your side is helpful

Coaching Impact

Joyce and Showers, 2002

	OUTCOMES % of Participants who Demonstrate Knowledge, Demonstrate New Skills in a Training Setting, and Use New Skills in the Classroom		
TRAINING COMPONENTS	Knowledge	Skill Demonstration	Use in the Classroom
Theory and Discussion	10%	5%	0%
...+Demonstration in Training	30%	20%	0%
...+ Practice & Feedback in Training	60%	60%	5%

Coaching Impact

Joyce and Showers, 2002

...+ Coaching in Classroom	95%	95%	95%
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Coached teachers:

- Use new strategies more appropriately
- Have greater understanding about the purpose of the strategy
- Exhibit greater long term retention of knowledge and skill

Practice-Based Coaching

- Focused on effective teaching practices
- Based on collaborative partnerships.
- Guided by goals and a plan for refinement and action.
- Assessed through focused observation.
- Supportive of teacher growth through reflection and feedback.



Challenges of Coaching

- Trust is required
- Openness is essential
- Motivation – a drive to want to be the best teacher you can because you want to make a difference in the lives of children and families

Formula for Success

Pyramid Model Practices

X

Intervention Fidelity

X

Implementation Supports

Meaningful Outcomes

Adapted from Fixsen & Blase, 2012

Resources



**Center on the Social and Emotional
Foundations for Early Learning**

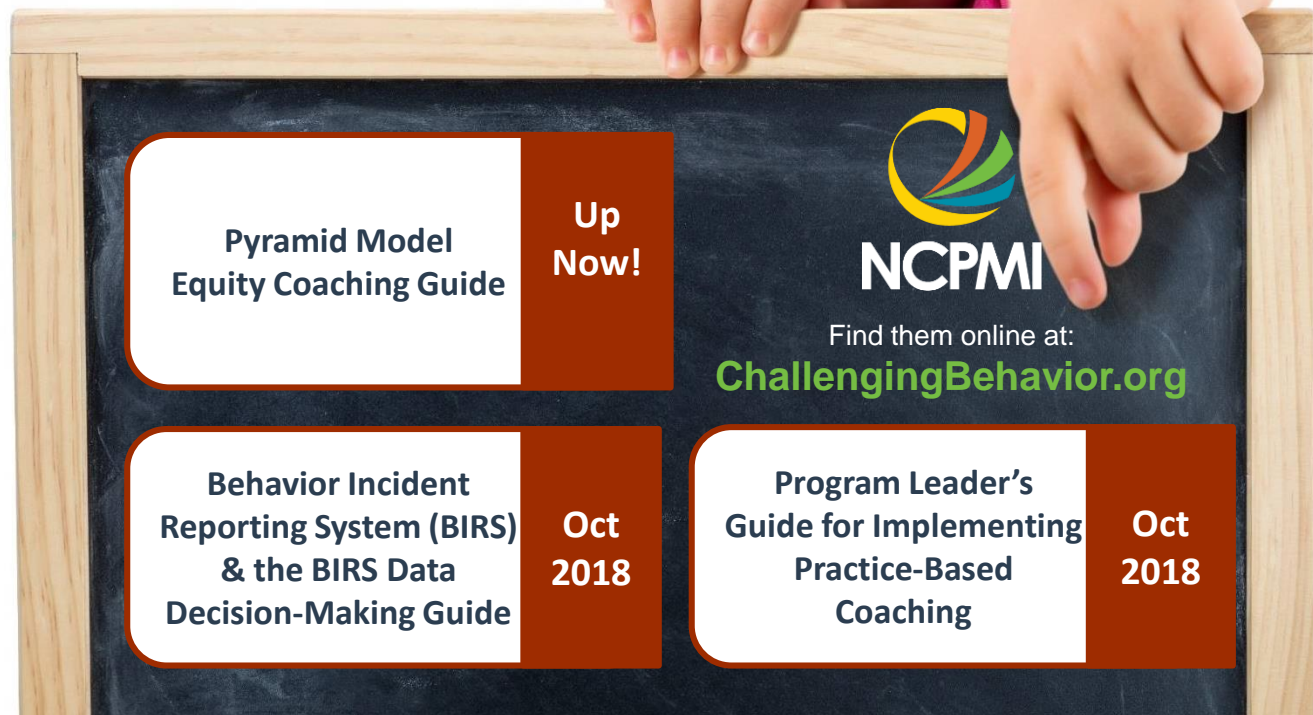
www.vanderbilt.edu/csefel/



The Pyramid Model Consortium

<http://www.pyramidmodel.org/>

New Products Coming Soon!



**Pyramid Model
Equity Coaching Guide** **Up
Now!**

NCPMI
Find them online at:
ChallengingBehavior.org

**Behavior Incident
Reporting System (BIRS)
& the BIRS Data
Decision-Making Guide** **Oct
2018**

**Program Leader's
Guide for Implementing
Practice-Based
Coaching** **Oct
2018**



What if your smile today is their light today?

What if your touch is their reminder of love?

What if your encouragement is the sound their spirit craves?

They are out there and they need you.

YES, YOU!

Dean Jackson

Contact me:

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